

# Program Overview



University of  
Zurich<sup>UZH</sup>

*Unil*  
UNIL | Université de Lausanne

<b>Target group</b> DAS Work+Health is aimed at people interested in work and health with an academic background in medicine, natural sciences, psychology, engineering and related fields, who want to extend their professional competencies in an interdisciplinary learning group.
<b>Accreditation</b> DAS Work+Health is recognized by the Swiss Medical Association (FMH) for accreditation as Occupational Medicine FMH and the Swiss Society of Occupational Hygiene (SGAH) for national accreditation as Occupational Hygienist SGAH. For physicians, engineers and natural scientists, DAS Work+Health meets the requirements for recognition as ASA specialist in Switzerland (ASA=Arbeitsärztinnen/Arbeitsärzte und andere Spezialistinnen/Spezialisten der Arbeitssicherheit). The Swiss Association of Psychologists (FSP) recognizes the DAS Work+Health modules as continuous education for psychologists.
<b>Criteria for admission</b> Admission to the program requires a Master's degree and professional experience, or a Bachelor's degree with specific professional experience, or an equivalent qualification (individual, case-by-case admission). The program's Leading Board decides on the admission of students.
<b>Number of participants</b> The number of students is limited to 30.
<b>Lecturers</b> The lectures are given by lecturers of the Universities of Zurich and Lausanne, other universities, and expert practitioners from institutions and industry in the field of work and health.
<b>Degree</b> Diploma of Advanced Studies UZH UNIL in Work+Health (30 ECTS)
<b>Language</b> Courses are generally taught in English.
<b>Assessment regulations</b> Each module typically comprises preparatory homework (pre-assignment), a campus phase and the practical application of both phases in a final assessment (exam).

<b>Dates and Locations</b> The DAS Work+Health program begins on 29 February 2016 and ends in February 2018 (4 semesters). The modules take 2 to 10 days and are held from Monday to Friday at University of Zurich and University of Lausanne.
<b>Costs</b> – DAS Work+Health program fee: CHF 22 000.– – Single module fee: generally CHF 680.- per day (details on our website)
<b>Application</b> Please download your DAS Work+Health program and the single module application form at: <a href="http://www.mas-workandhealth.uzh.ch">www.mas-workandhealth.uzh.ch</a>
<b>Application period</b> – DAS Work+Health program: until 10 January 2016 – Single modules: 8 weeks prior to each module (details on our website)
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<b>Website</b> <a href="http://www.mas-workandhealth.uzh.ch">www.mas-workandhealth.uzh.ch</a>
<b>Program Manager</b> Sven Hoffmann, University of Zurich, <a href="mailto:sven.hoffmann@uzh.ch">sven.hoffmann@uzh.ch</a>
<b>Leading Board</b> – Prof. Dr. Edouard Battegay, University of Zurich – PD Dr. Georg Bauer, University of Zurich – Prof. Dr. Brigitta Danuser, University of Lausanne – Dr. Claudia Pletscher, SUVA – Prof. Dr. Milo Puhan, University of Zurich – Prof. em. Dr. Frank van Dijk, University of Amsterdam – Prof. Dr. David Vernez, University of Lausanne
<b>Governance</b> University of Zurich, Faculty of Medicine, Prof. Dr. Edouard Battegay and Prof. Dr. Milo Puhan and University of Lausanne, Faculty of Biology and Medicine, Prof. Dr. Brigitta Danuser and Prof. Dr. David Vernez

## Continuing Education

**Work+Health**

**Diploma of Advanced Studies**

**Faculty of Medicine,  
University of Zurich  
in Cooperation with  
Faculty of Biology and Medicine,  
University of Lausanne**

2016

# Objectives

The Diploma of Advanced Studies (DAS) Work+Health is a joint program of the University of Zurich and the University of Lausanne. Based on 20 years of training experience in the field, DAS Work+Health offers a firm theoretical understanding and profound practical skills in Occupational Medicine, Occupational Hygiene, and Organizational Health Development. Interdisciplinary collaboration is fostered by a broad range of common modules and a final, interdisciplinary group project.

### Successful graduates:

- Evaluate and manage occupational exposures, health hazards, and psychosocial factors
- Assess and improve occupational environments and resources
- Prevent work-related diseases, promote resources and health at work
- Lead participatory change processes, and build organizational capabilities for occupational health
- Design and optimize working environments and systems, with respect to safety, health and productivity
- Work in interdisciplinary teams, implementing specific theoretical knowledge as well as professional experience

### Supported and sponsored by



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

Swiss Confederation

Federal Coordination Commission  
of Occupational Safety FCOS

# Module and Sequences

<b>C1: Introduction to the field of work and health</b> (1 ECTS) 29.2.–2.3.2016		
<b>C2: Human factors and ergonomics</b> (2 ECTS) 11.–15.4.2016		
<b>C3: Determinants of occupational diseases and work-related health problems</b> (2 ECTS) 23.–26.5.2016		
<b>C4: Occupational health in the context of organizations and society</b> (2 ECTS) 20.–23.6.2016		
<b>OHD1: Establishing a health-oriented change process in organizations</b> (2 ECTS) 19.–23.9.2016	<b>OM1: Occupational diseases and work-related health problems</b> (3 ECTS) 5.–7.9. and 12.–14.9.2016	<b>OH1: Exposure-related health effects</b> (2 ECTS) 26.–29.9.2016
<b>C5: Human factors and analysis of health risks</b> (3 ECTS) 31.10.–4.11. and 7.–9.11.2016		
<b>OHD2: Analysis of individual and organizational health</b> (2 ECTS) 30.1.–2.2.2017	<b>OM2: Work ability and return to work</b> (2 ECTS) 16.–19.1.2017	<b>OH2: Exposure assessment and hazard recognition</b> (3 ECTS) 28.11.–2.12. and 12.–16.12.2016
<b>C6: Occupational health interventions</b> (2 ECTS) 27.2.–2.3.2017		
<b>C7: Targeted communication in the context of work and health</b> (2 ECTS) 3.–6.4.2017		
<b>OHD3: Competence building for individual and organizational health</b> (3 ECTS) 29.5.–2.6.2017	<b>OM3: Part 1: Interdisciplinary disaster management Part 2: Prevention and control of occupational risks and diseases</b> (3 ECTS) 15.–18.5. and 22.–24.5.2017	<b>OH3: Part 1: Control of the occupational environment / Part 2: Interdisciplinary disaster management</b> (3 ECTS) 8.–11.5./15.–18.5.2017
<b>C8: Evaluation of occupational health interventions</b> (1 ECTS) 26.–27.6.2017		
<b>OHD4: Management of health in organizations</b> (2 ECTS) 18.–21.9.2017	<b>OM4: Management of health in organizations</b> (2 ECTS) 18.–21.9.2017	<b>OH4: Risk policy, management, and communication</b> (2 ECTS) 11.–14.9.2017
<b>OHD5: Occupational health management system</b> (1 ECTS) 23.–24.10.2017		
<b>C9: Interdisciplinary group project</b> (5 ECTS) 6.–7.11.2017 and until mid-February 2018		