

# Occupational health interventions

C7



Georg Bauer



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<b>Aim</b>	<p>After evaluating the major social and organizational sources of health problems, students will design, implement, and evaluate effective interventions as a continuous change process.</p> <p>Upon completion of the course, students will be able to:</p> <ul style="list-style-type: none"> <li>• Evaluate the overall evidence on the effectiveness of specific interventions</li> <li>• Access, analyze, and evaluate the methodological quality of publications</li> <li>• Clarify value base and define goals of an intervention with key stakeholders</li> <li>• Select or design occupational health interventions</li> <li>• Plan participatory implementation of occupational health interventions</li> </ul>
<b>Contents</b>	<ul style="list-style-type: none"> <li>• Scientific evidence on the effectiveness of interventions and relevant publication formats; article critique</li> <li>• Overview of intervention strategies, intervention principles, and levels of change applied by key occupational health disciplines</li> <li>• Participatory priority setting, action planning, and reflection of values in interventions</li> <li>• Aims and implementation of health circle approach</li> <li>• Individual change principles and key principles of linking individual and organizational change</li> <li>• Planning models and success factors of occupational health interventions</li> </ul>
<b>Methods</b>	Lectures; Group work; Discussion round; Case studies
<b>ECTS credits</b>	2 ECTS credits = approx. 60 hours of workload including 32 hours of on-campus lectures and 28 hours of pre-assignment and exam
<b>Target audience</b>	<ul style="list-style-type: none"> <li>• Students in the DAS Work+Health program</li> <li>• Future and current work and health specialists</li> <li>• Psychologists and other persons interested in work and health</li> </ul>
<b>Module manager</b>	<ul style="list-style-type: none"> <li>• Prof. Dr. Georg Bauer; University of Zurich, Epidemiology, Biostatistics and Prevention Institute</li> <li>• Prof. Dr. Brigitta Danuser; University of Lausanne, Institute for Work and Health</li> </ul>
<b>Administration</b>	Monika Rettke; monika.rettke@uzh.ch
<b>Dates and location</b>	4–7 March 2019 in Zurich
<b>Fee</b>	CHF 2720.–
<b>Registration deadline</b>	8 January 2019