

# Work ability and return to work

## OM2



Frédéric Régamey

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<b>Aim</b>	<p>In this module, students learn to assess and improve or maintain the ability and aptitude for work of individuals and special groups.</p> <p>Upon completion of the course, students will be able to:</p> <ul style="list-style-type: none"> <li>• Examine, document, and analyze the data on biopsychosocial work demands and work ability of an individual</li> <li>• Select and adapt effective interventions with the aim of maintaining or regaining an individual's work ability</li> </ul>
<b>Contents</b>	<ul style="list-style-type: none"> <li>• Work ability methods and instruments</li> <li>• Assessment of work capacity and work demands</li> <li>• Case approach</li> <li>• Return to work instruments and strategy</li> <li>• Legal, ethical and insurance framework</li> </ul>
<b>Methods</b>	Lectures; Group work; Case studies; Site visits
<b>ECTS credits</b>	2 ECTS credits = approx. 60 hours of workload including 32 hours of on-campus lectures and 28 hours of pre-assignment and exam
<b>Target audience</b>	<ul style="list-style-type: none"> <li>• Students in the DAS Work+Health program</li> <li>• Occupational physicians</li> <li>• Occupational health nurses</li> </ul>
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<b>Administration</b>	Andrea Frederick; andrea.frederick@uzh.ch
<b>Dates and location</b>	07–10 November 2022 in Lausanne
<b>Fee</b>	CHF 2 720.–
<b>Registration deadline</b>	08 October 2022