## Work ability and return to work

### Aim

In this module, students learn to assess and improve or maintain the ability and aptitude for work of individuals and special groups.

Upon completion of the course, students will be able to:

- Examine, document, and analyze the data on biopsychosocial work demands and the biopsychosocial work capacity of an individual
- Select and adapt effective interventions with the aim of maintaining or regaining an individual’s work ability

### Contents

- Work ability methods and instruments
- Assessment of work capacity and work demands
- Case approach
- Return to work
- Legal, ethical and insurance framework

### Methods

Lectures; Group work; Case studies; Site visits

### ECTS credits

2 ECTS credits = approx. 60 hours of workload including 32 hours of on-campus lectures and 28 hours of pre-assignment and exam

### Target audience

- Students in the DAS Work+Health program
- Occupational physicians
- Occupational health nurses

### Module manager

Prof. Dr. med. Holger Dressel; University of Zurich, Epidemiology, Biostatistics and Prevention Institute

### Administration

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### Dates and location

30 November–3 December 2020 in Lausanne

### Fee

CHF 2720.–

### Registration deadline

19 October 2020