

Management of health in organizations

OM5



Holger Dressel

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| Aim | <p>In this module, students learn to manage work and health activities and define key health indicators.</p> <p>Upon completion of the course, students will be able to:</p> <ul style="list-style-type: none"> • Select and implement an absence and case management system • Design and implement a health campaign/event to foster individual health behavior change • Write a health report for an organization • Integrate organizational health as a central value in the culture of an organization |
| Contents | <ul style="list-style-type: none"> • Management of absences, presenteeism • Case management • Approaches to changing individual health behavior, health promotion campaigns • Quality criteria, success factors and sources for health campaigns • Stress management approaches • Development of health-related mission statements • Outline and elements of a health report for an organization • Management of an occupational health service |
| Methods | Lectures; Group work; Discussion of case studies |
| ECTS credits | 2 ECTS credits = approx. 60 hours of workload including 32 hours of on-campus lectures and 28 hours of pre-assignment and exam |
| Target audience | <ul style="list-style-type: none"> • Students in the DAS Work+Health program • Psychologists • Current and future work and health specialists • Healthcare providers and others interested in work and health |
| Module manager | Holger Dressel; University of Zurich, Epidemiology, Biostatistics and Prevention Institute |
| Administration | Andrea Frederick; andrea.frederick@uzh.ch |
| Dates and location | 15–18 September 2025 in Zurich |
| Fee | CHF 2720.– |
| Registration deadline | 15 August 2025 |