

Work ability and return to work

OM2



Frédéric Regamey

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Aim	<p>In this module, students learn to assess and improve or maintain the ability and aptitude for work of individuals and special groups.</p> <p>Upon completion of the course, students will be able to:</p> <ul style="list-style-type: none"> • Examine, document, and analyze the data on biopsychosocial work demands and work ability of an individual • Select and adapt effective interventions with the aim of maintaining or regaining an individual's work ability
Contents	<ul style="list-style-type: none"> • Work ability methods and instruments • Assessment of work capacity and work demands • Case approach • Return to work instruments and strategy • Legal, ethical and insurance framework
Methods	Lectures; Group work; Case studies; Site visits
ECTS credits	2 ECTS credits = approx. 60 hours of workload including 32 hours of on-campus lectures and 28 hours of pre-assignment and exam
Target audience	<ul style="list-style-type: none"> • Students in the DAS Work+Health program • Occupational physicians • Occupational health nurses
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Fee	CHF 2 720.–
Registration deadline	04 October 2024