

Occupational health interventions

C9



Georg Bauer

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Aim	<p>After evaluating the major social and organizational sources of health problems, students will design, implement, analyze, evaluate and report occupational health interventions in order to assure their effectiveness as a continuous change process.</p> <p>Upon completion of the course, students will be able to:</p> <ul style="list-style-type: none"> • Evaluate the overall evidence on the effectiveness of specific interventions • Access, analyse, and evaluate the methodological quality of publications • Clarify value base and define goals of an intervention with key stakeholders • Select or design occupational health interventions • Design an evaluation project, select appropriate methods, and specify data sources • Draw conclusions based on evaluation data and develop recommendations • Plan participatory implementation of occupational health interventions • Communicate evaluation results to the stakeholders and induce follow-up activities
Contents	<ul style="list-style-type: none"> • Scientific evidence on the effectiveness of interventions and relevant publication formats; article critique • Overview of intervention strategies, intervention principles, and levels of change applied by key occupational health disciplines • Participatory priority setting, action planning, and reflection of values in interventions • Aims and implementation of health circle approach • Individual change principles and key principles of linking individual and organizational change • Planning models and success factors of occupational health interventions • Purposes of evaluation, stakeholders and usage of evaluation results • Evaluation of concepts, context, process and outcomes • Communications of evaluation results and their usage • Practical examples of evaluating in occupational hygiene and medicine
Methods	Lectures; Group work; Discussion round; Case studies
ECTS credits	2 ECTS credits = approx. 60 hours of workload including 32 hours of on-campus lectures and 28 hours of pre-assignment and exam
Target audience	<ul style="list-style-type: none"> • Students in the DAS Work+Health program • Future and current work and health specialists • Psychologists and other persons interested in work and health
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Dates and location	20–24 January 2025 in Zurich
Fee	CHF 3 400.–
Registration deadline	20 December 2024